



The Women's Table

brings women together
to strengthen connections
that promote empowerment.



The Women's Table

collaborates with
community partners.

The Women's Table

provides:

- ◆ Referrals & connections to specific services
- ◆ Advocacy
- ◆ Social support
- ◆ Parenting support
- ◆ Self-care and Self-esteem programs
- ◆ Spiritual enrichment opportunities
- ◆ Tutoring



The Women's Table,
a Woman-to-Woman
Resource Center
of the Sisters of St. Joseph
of Boston,
empowers women
from all walks of life,
through
education, social support,
wellness,
spiritual development,
and outreach.

The Women's Table

actively engages women
and strengthens
relationships with other women
that promote self-knowledge,
self-care,
and love of God.



The Women's Table

partners with area social service
agencies,
advocate for individual women,
leads Circles of Support, &
offers workshops related to
self-care, self-knowledge, and
spirituality.

The Sisters of St. Joseph

have a
long tradition of educating and
reaching out to the
Dear Neighbor,
actively serving Boston for 135 years.

Gracious hospitality,
mutual respect and compassion are
core values inherent in

The Women's Table.

Relationship is at the heart of this
program, and services are tailored to
individual and group needs.

The Women's Table

Mary Rita Weschler, Director
637 Cambridge Street
Brighton, MA 02135
617.746.2056
womens.table@csjboston.org

<http://thewomenstable.community.officelive.com>

www.csjboston.org



Creating
ever-widening circles
of
love
&
compassion